

COOL EVENTS IN LONDON THIS MONTH



by Carla Griscti | Posted 5th January 2018

SAVE TO MY FAVOURITES



With fun events kicking off all over the city, January doesn't have to be all doom and gloom. From theatrical supper clubs to soothing yoga sessions, here's our pick of feel-good frivolities, guaranteed to put a smile on your face...



GET PAMPERED HERE: Lumiere Festival

Granary Square Brasserie will be partnering up with Lumiere London, the UK's leading light festival to host an illuminating four-day installation in their swanky new Kings Cross outpost. Treat yourself to a special Aviation illumination cocktail – served up in a glowing lightbulb, naturally – and a free neon manicure courtesy of WAH Nails.

Granary Square, 1-3 Stable Street, King's Cross, N1C 4AB; 18th – 21st January

Visit GranarySquareBrasserie.com



EAT FOR £1 HERE: Carluccio's

Get your Italian fix at Carluccio's this month, where you can order a main dish for just £1 throughout January. Just sign up to the newsletter to receive your voucher.

Various locations

Visit Carluccios.com



FEEL GOOD HERE: Re: Solutions Festival

With yoga, meditation, inspiring talks and workshops and dynamic Cuban dance classes, this body-boosting health festival is the perfect place to wind down after Christmas indulgence.

Juju's Bar & Stage, 15 Hanbury Street, Shoreditch, E1 6QR; 1st – 31st January; tickets from £25

Visit JujusBarAndStage.com



RAISE A GLASS HERE: Linje Tio pop-up at 100 Wardour St

Award-winning Swedish bar, Linje Tio will be setting up camp at The Den, 100 Wardour St with their expert mixologists on hand to create an array of spectacular boozy Nordic creations.

The Den, 100 Wardour St, Soho, W1F 0TN, 31st January – 10th February

Visit 100WardourSt.com

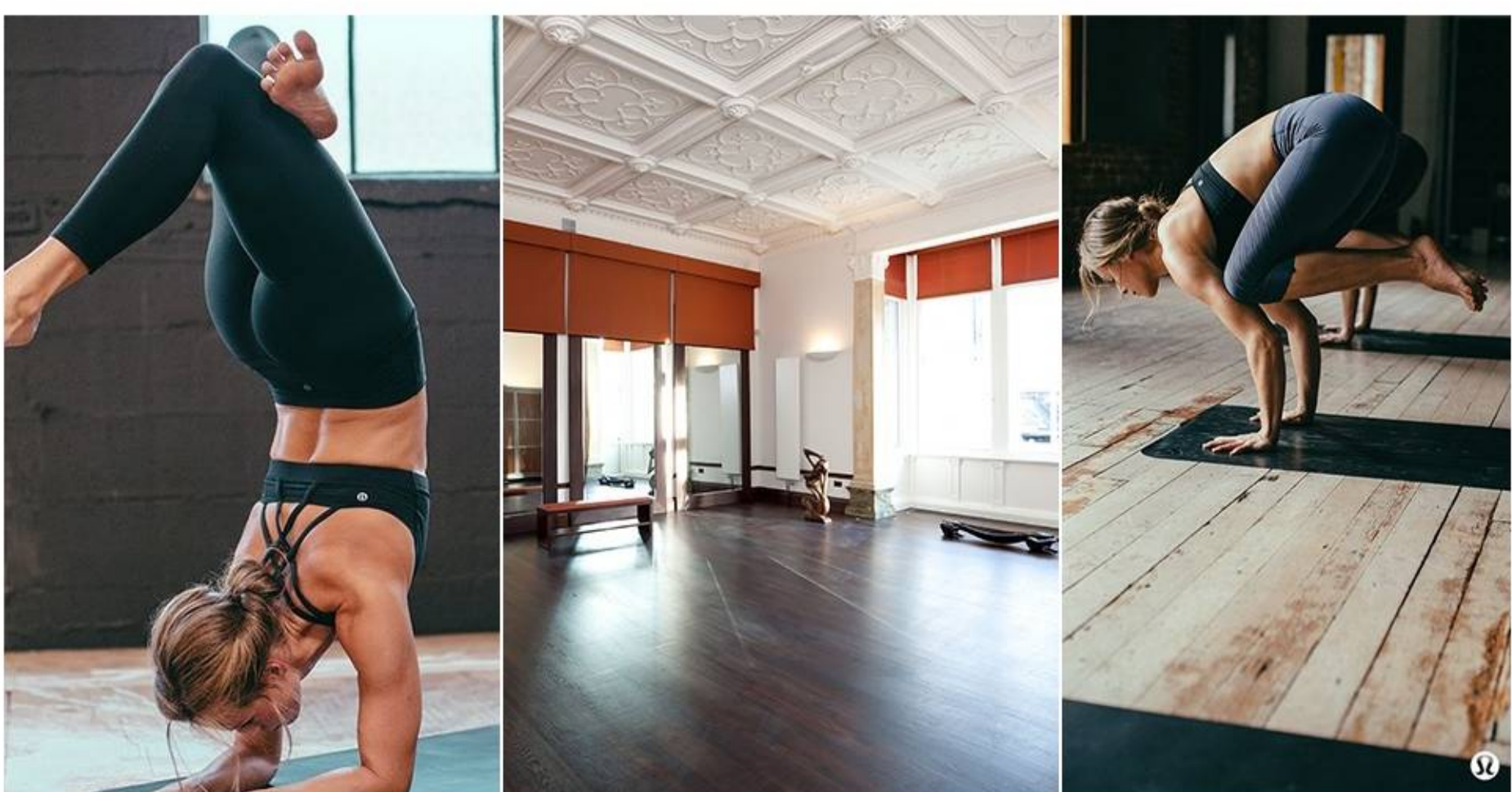


DETOX HERE: Wright Brothers Detox Menu

Want to indulge without the calorie hit? Wright Brothers are offering the ultimate detox menu to help you start the New Year as you mean to go on. Health-boosting dishes on the menu include St Austell Bay mussels, coconut, lemongrass & chilli, seared yellow fin tuna, Goan spiced lentils, Greek yoghurt & rocket salad, all of which are brimming with antioxidants and vitamins, and will be accompanied by mocktails and alcohol-free prosecco (although alcohol will also be served for those looking to re-tox).

Available throughout January at various locations; 2 courses for £20

Visit TheWrightBrothers.co.uk



UNWIND HERE: YOGA at Ushvani

Recently voted the UK's Best Day Spa by *Tatler* and *Condé Nast Traveller*, you can now indulge the mind as well as the body with Ushvani's new range of yoga classes. Choose from powerful Shri Vivek yoga, or alternatively opt for private one to one tuition in Ushvani's blissfully serene Sentosa Studio. Stretch out, balance the mind then treat yourself to a rejuvenating pamper session. Balinese massages and penyepit facials await...

1 Cadogan Gardens, Knightsbridge, SW3 2RJ; classes from £18

Visit Ushvani.com