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Travel

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Ushvani

1 Cadogan Gardens, Chelsea
+44.20.7730.2888
[See website](#)

NEIGHBORHOOD: Chelsea

Categories: Facialist, Massage, Skin Care, Yoga Studio

Opening Hours:

- Mon: 12pm-7pm
- Tues-Thurs: 12pm-9pm
- Fri: 10am-7pm
- Sat: 10am-6pm
- Price: \$\$\$, \$\$\$\$

Just walking into this serene, beautifully designed townhouse is calming, from the gorgeous wood-paneled interiors centered around an ornate staircase to incredible therapists who seem to move—and somehow communicate—practically soundlessly. The Malaysian-inspired treatments incorporate incredible spices and flowers. (The Nutmeg Flower Bath Ritual, a contemporary take on the traditional Malaysian mandi bath, combines 33 essential oils, reflex work, and metabolism-boosting massage. Arrive early to take advantage of the subterranean dip pool (complete with a softly-trickling waterfall) or a private yoga session inside the spa's own studio.

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