



The hotel

LOSEHILL HOUSE

A privately owned boutique hotel set in the heart of the glorious Derbyshire Peak District, the country views and fresh air will help you calm your mind and sleep like a baby. Public areas are spacious and light and much of the furniture has been crafted by local artisans. There are 23 four star rooms and suites, all with private bathrooms, with all you could wish for including TVs, robes and slippers and all have amazing views across the valley. There's a pool for your use, a lounge and bar and even a private

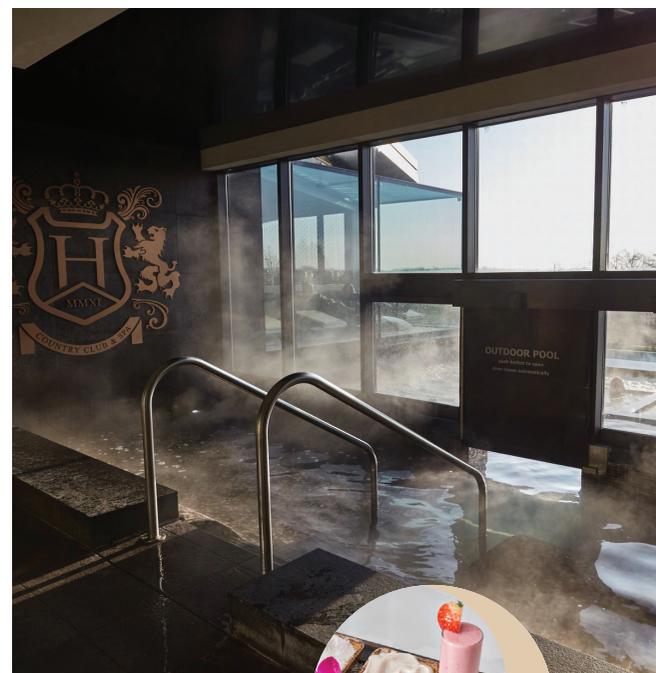
dining room. Splash out on The Edale Suite, with its own private entrance, super King-sized bed, a stunning bathroom and a sofa for relaxing when you're not out enjoying the landscape. Dine in The Orangery Restaurant, which The Times has called one of the '20 best wild places to eat in Britain', describing it as "a wonderfully tranquil setting for some serious fine dining." Peak District ingredients are used when possible.

Book it: The Edale Suite, £688 for a three night break in October.

losehillhouse.co.uk

BABYMOON

CHOOSE A SPA AND A HOTEL IN THE TOWN OR THE COUNTRY WITH YOUR PARTNER – BEFORE TWO BECOMES THREE!



The spa

HALE COUNTRY CLUB & SPA

The spa at Hale is designed to create a relaxing environment in which you can truly relax. Fully trained therapists use aromatherapy oils, luxurious creams, hot stones and unique techniques to free your body and mind from stress, worry and tension. With a full range of treatments for every part of the body, you're spoilt for choice and the facilities are second to none. You can add a manicure, lash extensions and a whole range of beauty therapies to your body treatments to ensure you're looking amazing. The Mellow Mama full body massage soothes back pain and reduces swelling while soothing tension – your therapist can target areas of discomfort and aching muscles. Ot try The Smoothie, an exfoliation treatment followed by moisturisers that leave your skin as peachy as a baby's.

Mellow Mama: £100, 60 minutes.

thespahalecountryclub.co.uk

Above: The Smoothie removes dead skin cells to leave you glowing



The spa

USHVANI

London's only authentic Malaysian Day Spa nestles behind Sloane Square – a true oasis of tranquillity in the heart of Chelsea. Inside, original Edwardian features such as wood panneling and a sweeping staircase mix with mandi baths, hand-painted batiks, hibiscus and the aroma of ginger and nutmeg. With a range of traditional treatments and bespoke skin products that embody the essence of Malaysian rituals, staff are highly trained in traditional techniques including Urut melayu, a deep-tissue massage featuring long, kneading strokes focusing on blood flow. Choose a pregnancy massage in which long, sweeping strokes soothe the body, reduce bloating and work areas of tension. Recommended after the first trimester, it allows you to focus purely on this precious bonding experience.

Pregnancy massage: £180, 90 minutes.
ushvani.com



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The hotel

11 CADOGAN GARDENS

Set in what was once four Victorian mansions built by Lord Chelsea on a leafy London square just a short stroll from the prestigious Knightsbridge shopping area, this luxurious hotel has 54 individually designed rooms and suites. There are several options to choose from if you don't want to go out to eat; Hans' Bar and Grill is perfect for Sunday brunch, a weekday salad or choose from the seasonal a la carte menu. There's a cool cocktail bar, The Chelsea Bar and a private dining room,

or take their signature Afternoon Tea, which is perfection. Stay in the gorgeous Sloane Suite, with antique furniture, floor-to-ceiling windows and stunning views over Cadogan Gardens. The rich colour scheme of gold, cream and black showcases a comfortable four poster bed and dazzling chandeliers. There's a separate lounge area in the suite and a Nespresso machine, so you need hardly leave the room if you don't want to!

Book it: The Sloane Suite from £1913 per night in October.

11cadogangardens.com

WIN AFTERNOON TEA FOR TWO!

Full Afternoon Tea for two guests (valid for six months). Afternoon tea is the epitome of the 11 Cadogan Gardens guest experience. Classic, of exceptional quality and with a quirky twist. Enjoy traditional sandwiches, freshly baked scones and delicate pastries. Served daily between 2.30pm and 6pm. Enter at bbabymagazine.co.uk/competitions



Left: The Asmara Suite is a place of serenity and supreme luxury dedicated to couples

