

TED BAKER
LONDON

Ted's Grooming Room



Experience traditional
barbering with
London flair at
Ted's Grooming Room

—
CHELSEA
136 KING'S ROAD,
CHELSEA, LONDON,
SW3 4XB

020 3397 9966



Beauty / News



KXU has launched an exciting new format for its U-Cycle classes. Get ready for the ultimate party power ride, including an FX screen, weights and additional lighting. There's also a new U-Cycle MTV class at KXU - come along for cleverly edited music videos for a fully immersive ride. It's time to get pumped.

A NEW WONDER CREAM has come to Chelsea. Skin + IQ (11 Elystan Street) and EF Medispa Chelsea (193 King's Road) are both now stocking the recently launched Spectacle Skincare, which was discovered by beauty guru Olivia Falcon. Spectacle Performance Crème is a hard-working moisturiser containing gallic Acid. It uses a new approach with expert formulation called precision-dosing and it's super sustainable – packaging is made of sawdust making it both recycled and recyclable. Celeb facialists love it, too.



UBER LUXE HOTEL Belmond Cadogan has a new spa partner - British brand Elemental Herbology. Find its delicious natural, paraben-free products used across the hotel's massages, scrubs and more. The bespoke spa menu is epic, but we do like the new Fire Energiser Body Scrub - essential oils and sugar work to exfoliate and deeply hydrate skin, leaving you totally blissed out.

75 Sloane Street

Beauty News / September

LUXURY SWISS SKINCARE brand La Prairie needs no introduction but its new addition to the iconic Skin Caviar Collection does. Skin Caviar Nighttime Oil contains Caviar Retinol - exclusive to La Prairie - and works with the skin's natural circadian rhythms to help counteract age-induced loss of collagen. Plus, its oily composition creates a temporary outer barrier to minimise water loss. Head to the La Prairie counter at Peter Jones to receive a complimentary 30 minute treatment to try Skin Caviar Collection for yourself. £427 for 20ml.



JEWELLERY BRAND MONICA VINADER (71-72 Duke of York Square) now has an in-store piercing service. For £20 for a 20-minute appointment, you can get up to three piercings: upper lobe, lower lobe, higher lobe or helix. Opt for all in one ear or split between both. The more the better, we say, as it provides further opportunity to showcase Monica Vinader's gorgeous earrings. Studs, hoops, dangly - the choices are endless. Ear piercing experts are on hand to help you curate the perfect ear stack, mixing between gold and silver.



TO WELCOME THE AUTUMN, Ushvani is launching a Signature Rejuvenating Ritual from September 23. Comprising a blend of Asian massage techniques, it begins with an inhalation of Ushvani's signature Balm, containing eucalyptus and camphor. Next up is a bespoke heated herbal compress to relieve aches and pains, followed by relaxing strokes derived from Malay Massage, deep drainage from Balinese Massage and stretches from Thai Massage. You'll leave feeling warmed through and rejuvenated.

£250, 1 Cadogan Gardens

HEAD TO KX SPA (151 Draycott Avenue) for a HydraFacial. A recently-added treatment, the patented technology is all about a deep clean and brightening, removing dead skin and impurities. Skin will be left hydrated and super smooth. The spa is also available for non-members.

Youth preservation personal training

WHY LONDON RESIDENTS ARE
CHOOSING JORDAN DE LEON
FOR BODY TRANSFORMATIONS

Unique workout

Each session, journey on the ultimate health and wellbeing experience through 5 bespoke elements; yoga, fitness circuits, boxing, Pilates and Thai yoga.

Look great and most importantly feel great. Through our holistic approach you will not only lose weight and tone up but we correct posture, relieve shoulder and neck pain, help strengthen the lower back and alleviate joint tension.

Location

If you are looking for total privacy, look no further. Our tranquil studio hidden in the heart of South Kensington provides 1 on 1 personal training only. Rid yourself of life's stresses and distractions and allow us to focus on the most important person – you.

Founder and local resident Jordan De Leon explains why he has been so popular.

“Clients love our completely bespoke workout that only we provide.”

“The biggest compliment I receive (other than how incredible their transformation has been) is how fast the time goes in our session. I love knowing how much clients enjoy our exclusive workouts.”

Book in your FREE personal training session with Jordan via email info@jordandeleon.co.uk or by phone 07951558641.

For more information, please visit JordanDeLeon.co.uk

